

Survival Skills

Course Details:

- **Age range suitability :** Years 5 and 6
- **Ratio :** 1 adult to every 8 children (+ additional SEN support if required)
- **Additional Information:** Appropriate old outdoor clothing needed. In wet weather a spare set of clothes will be needed.

Could you survive if you were stranded on a deserted island? Could you prove food and shelter until help arrived? The survival skills day is all about learning to survive in the great outdoors. Students will have to develop team skills to succeed in creating a fire for warmth and cooking food, and to create a temporary shelter to protect them from the elements!

Arrival Time: 10:00—10:30

The days activities are explained along with an introduction about the tools and the necessary safety precautions.

Please note, Students will use Simple hand tools under close adult supervision.



Students will be given a practical demonstration with regards to the collection of suitable material for the Fire. Concepts such as Tinder, Kindling and Fuel will be introduced and students will need to think about the elements needed to create fire. The tools used for cutting wood will be demonstrated and safety aspects will be explained. Once the group separates into small teams they will pick their camp location and collect their wood supplies.

Once organized with their fuel the teams will be shown how to use a flint and steel to create a spark and start their fire. If time allows a demonstration of cooking flat bread or drop-scones will follow.

Lunch time: Students will eat their packed lunches brought from home and will have an opportunity to cook marshmallows (Schools to supply their own).

The afternoon will be spent on constructing shelters. The teams will consider what makes an ideal location for their camp, what materials are available to use and the specifications needed. They will then collect their chosen branches, leaves, grasses etc and construct their shelter. Each teams shelter will be inspected by the other teams and will be marked with regards to practicality and comfort! They may even be tested by an organized "Heavy Shower!"

Finish 2.30 – 3.00 Students will extinguish any live fires and return equipment, pack up bags and change into spare clothes if necessary to travel home.