

# Navigation and Survival



## Course Overview:

- **Age range suitability :** Years 7 - 13
- **Ratio :** 1 adult to every 8 young people (+ additional SEN support if required)
- **Additional Information:** Appropriate old outdoor clothing needed. Water-proofs if you have them, appropriate footwear for walking, hat and gloves.
- **Arrival Time: 9:30am**  
The days activities are explained along with an introduction about the course, Equipment and safety precautions.
- **Departure: 4:00 pm**
- **Cost: £30 per student**

## Course Details:

This course will begin with an introduction of the aims and objectives of the day and how to use the equipment given. Once the aims of the day have been completed groups of 3-5 will pack a survival barrel for the main task of the day. Small groups will be dropped of in random locations with only a map and compass to navigate themselves to set points to find their airdropped barrel which will have lunch, key survival equipment and further details on navigation points they will need to find. At a set location the instructors of the day will meet groups to go through survival skills such as fire lighting and shelter building using the natural resources around them. This tuition gives the participants the opportunity to learn key

survival skills which are used when in survival / bush craft situations.

This is a fun filled day working not only in the outdoors, but also working alongside the natural environment.



## Is This Course For You?

- Can you work in a team?
- Are you unlikely to panic in new situations?
- Do you enjoy being in the outdoors?
- Do you enjoy a challenge?
- Are you happy to walk?

**Lunch time:** Students will cook their lunch on open fires, materials and food provided.



## Aims Of The Day:

- To develop key skills when working as a team.
- To gain a sense of achievement
- To contribute to solving problems.
- To gain more confidence working in new situations.
- To gain/improve knowledge in navigation and survival.
- To interact with the natural environment.