

Viking / Saxon Day

Course Details:

- **Age range suitability :** Years 3—6
- **Ratio :** 1 adult to every 10 children (+ additional SEN support if required)
- **Additional Information:** All children and adults should come in Viking or Saxon costume. In wet weather a spare set of clothes may be needed.

A day in the life of a Viking or Saxon! Could you survive a Viking raid, sail the seas, make your own shelter, light your fire and make your own weapons? Come and experience first hand what it would have been like to live in the Viking times.

Arrival Time: 10:00—10:30

The days activities are explained along with an introduction about the necessary health and safety issues.

Please note, Students will use simple hand tools under supervision and may also do a fire lighting exercise.



Students will start the day with a Viking raid. Sammie

the Saxon will be used to recreate a Viking raid with spears and Viking war cries! The successful raid will then be celebrated in the 'Allthing' shelter, where a feast of mead, nuts, dried fruit and biscuits will be sampled. (Please advise us in advance if you have any children with food allergies.) Once the celebrations are over we will set off to make new shields. Each student will be supplied with a small wooden shield to decorate in traditional Viking patterns. These shields are free to take home at the end of the day.

The events of the day continue with a journey in the Viking long boat. Students will learn to row in time, raise the sail, plumb the depth of the sea and steer the boat with the rudder. This activity will also cover some history of where the Vikings came from and which countries they invaded.

Lunch time: Students will eat their packed lunches brought from home.

The afternoon will be spent constructing shelters and learning fire lighting techniques. We will consider what makes an ideal location for establishing a new village and what materials are available to use. Groups will then collect their chosen branches, leaves, grasses etc and construct their shelter. Each teams shelter will be inspected by the other teams and will be marked with regards to practicality and comfort! Finally students will be shown how to light a fire using a flint and steel, and will discuss the importance of fire in the Viking times.

Finish 2.15 – 2.30 Students will extinguish any live fires and return equipment, pack up bags, collect shields and change into spare clothes if necessary to travel home.